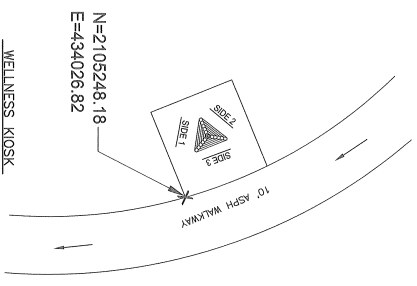


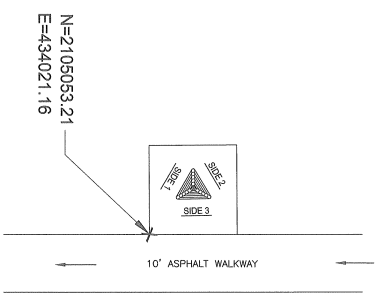
- WELLNESS KIOSK AND EXERCISES**
- SIDE 1: STANDING PUSH-UP
 - SIDE 2: STANDING PUSH-UP
 - SIDE 3: STRESS AND PAIN MANAGEMENT INFORMATION PANEL

EXERCISE STATION NO. 5



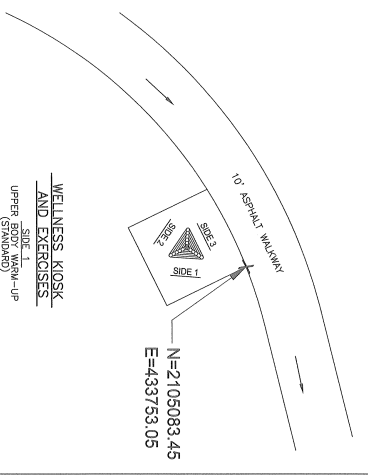
- WELLNESS KIOSK AND EXERCISES**
- SIDE 1: FOREARM ROOLS
 - SIDE 2: FOREARM ROOLS
 - SIDE 3: TON INFORMATION PANEL

EXERCISE STATION NO. 6



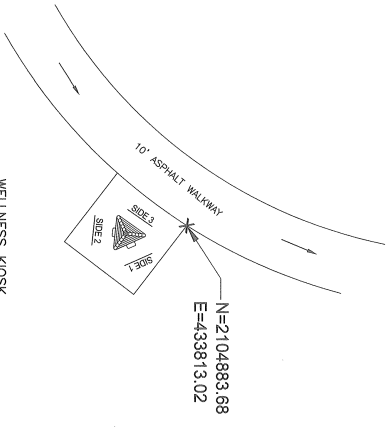
- WELLNESS KIOSK AND EXERCISES**
- SIDE 1: UPPER BODY STRETCH AND STRENGTHEN (ADV. USER)
 - SIDE 2: UPPER BODY STRETCH AND STRENGTHEN (ADVANCED USER)
 - SIDE 3: EXERCISES FOR MIND INFORMATION PANEL

EXERCISE STATION NO. 7



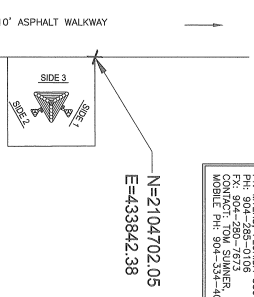
- WELLNESS KIOSK AND EXERCISES**
- SIDE 1: UPPER BODY WARM-UP (STANDARD)
 - SIDE 2: UPPER BODY WARM-UP (WHEELCHAIR ACCESSIBLE)
 - SIDE 3: POSTURE & STRETCHING INFORMATION PANEL

EXERCISE STATION NO. 4



- WELLNESS KIOSK AND EXERCISES**
- SIDE 1: BENCH STEPPER (STANDARD)
 - SIDE 2: BENCH STEPPER (ADVANCED)
 - SIDE 3: TON INFORMATION PANEL

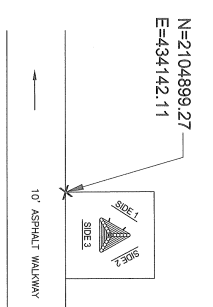
EXERCISE STATION NO. 3



- WELLNESS KIOSK AND EXERCISES**
- SIDE 1: LOWER BODY WARM-UP (STANDARD HEIGHT)
 - SIDE 2: LOWER BODY WARM-UP (TALL HEIGHT)
 - SIDE 3: OSTEOGENESIS INFORMATION PANEL

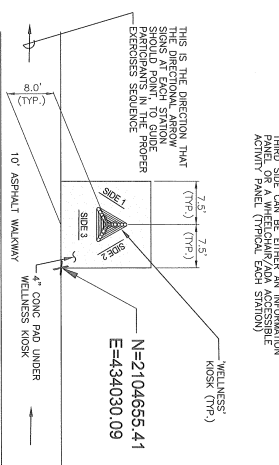
EXERCISE STATION NO. 2

ALL SIGNS, KIOSKS & EQUIPMENT SHALL BE INSTALLED PER THE TYPICAL EACH STATION (TYPICAL EACH STATION) PLANNED RECREATION PRODUCTS 10271 DEER RUN PARKS ROAD CHARLOTTE, NC 28217 PH: 904-288-0108 239712 FAX: 904-280-0778 MOBILE PH: 904-334-1037



- WELLNESS KIOSK AND EXERCISES**
- SIDE 1: PARTIAL LUNGE
 - SIDE 2: BALANCE 11
 - SIDE 3: SINGLE LUNGE
- FALL PREVENTION INFORMATION PANEL

EXERCISE STATION NO. 8



THIS IS THE BEGINNING STATION ON THE CIRCUIT AND CONSISTS OF BENCHES (CAN BE USED FOR WARM-UPS) DIRECTIONAL PARKWAYS & INFORMATION PANELS ON THE RIGHT EXERCISE STATIONS ARE NUMBERED ON THIS SHEET AS NUMBERED ON THE SITE DRAWING NO. C-2

START/END AND INFORMATION STATION

EXERCISE STATION NO. 1

Addendum No. 1

NO.	BY	DATE	REVISIONS	NO.	BY	DATE	REVISIONS
1				1			
2				2			
3				3			
4				4			
5				5			
6				6			
7				7			
8				8			
9				9			
10				10			

DESIGNER	DATE	SCALE
THE TEAM PROFESSIONAL GROUP, INC.	JAN. 2009	1" = 10'
10271 DEER RUN PARKS ROAD CHARLOTTE, NC 28217 PH: 904-288-0108 FAX: 904-280-0778 MOBILE PH: 904-334-1037	JAN. 2009	

PROJECT NO.	DATE	SCALE
2005-005-04	JANUARY, 2009	1" = 10'

EXERCISE STATION LAYOUT AND DETAILS	TOTAL NO. SHEETS
MOCASSIN SLOUGH PARK	2